



FitBiz Watercooler Wellness

November - 2019 Edition

GET ACTIVE! - What's Happening Around Dublin

Dublin is the perfect place to enjoy the great outdoors! With more than 130 miles of bike paths and 61 parks, it's no wonder the City has been recognized nationally as one of the best places to live. For information on park locations and bike paths, go to dublinohiousa.gov/parks

Looking for a fun run/walk or special event to try this month? Lace up your sneakers and check out these local area events.

Hot Chocolate 15k/5k

Sunday, Nov. 17 @ 7:30am

Arena District, McFerson Commons Park (Arch Park)

Columbus

<https://www.hotchocolate15k.com/columbus/when-and-where>

The Thanksgiving Market at Bridge Park

Saturday, Nov. 23 from 9am – 12pm

Bridge Park

Longshore Street, Dublin

<https://bridge-park.com/happenings-1/thanksgiving-market>

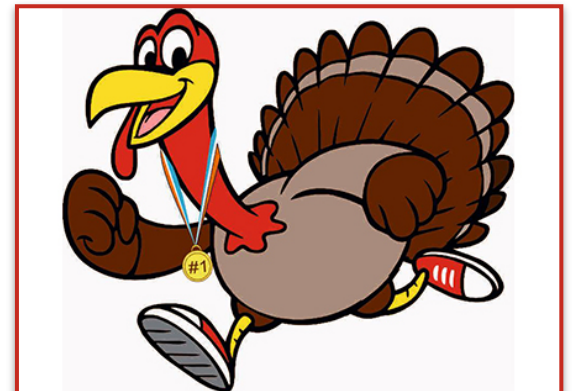
The Flying Feather Four Miler

Thursday, Nov. 28 @ 9:00am

The Club at Corazon

7155 Corazon Dr., Dublin

<https://www.theflyingfeather.com/>



Volunteer Opportunities

Looking for ways to ignite your community spirit and to give back to others? Volunteers are needed for many different causes. Volunteers may help with parkland, gardens, special events, working with children, seniors or those with special needs for recreational programming, and offer helping hearts, hands and minds for special projects. To learn more about available opportunities, please visit volunteer@dublin.oh.us.

